

# Friedman Village January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> <i>New Year's Day</i> 10:30 UNO 11:30 Flexercise 1:15 Card Bingo 2:00 Reminiscing	<i>2</i> 11:00 Manicules 11:30 Flexercise 1:15 Craft	<i>3</i> 10:30 Manicules 11:30 Flexercise 1:15 Bingo 2:00 Chair Yoga 4:00 Mass	<i>4</i> 11:00 Communion 11:15 Trivia 11:30 Flexercise 1:00 Snack Making 2:00 Happy Hour	<i>5</i> 11:00 Cards 1:00 Rosary 1:30 Cards 3:00 Rummikub
<i>6</i> 10:00 TV Mass 11:15 Communion 3:00 Rummikub	<i>7</i> 10:30 Chickenfoot 11:30 Flexercise 1:15 Chase The Ace 2:00 Bingo	<i>8</i> 11:30 Flexercise 1:15 Card Bingo <b>2:00 Library Program</b>	<i>9</i> <b>10:15 Goodwill Shopping</b> 1:15 Kings In The Corner 2:15 Flexercise	<i>10</i> 10:30 Manicules 11:30 Flexercise 1:15 Yahtzee 2:00 Manicules 4:00 Mass	<i>11</i> 11:00 Communion 11:15 Trivia 11:30 Flexercise 1:00 Snack Making 2:00 Happy Hour	<i>12</i> 11:00 Cards 1:00 Rosary 1:30 Cards 3:00 Rummikub
<i>13</i> 10:00 TV Mass 11:15 Communion 3:00 Rummikub	<i>14</i> 11:00 Flexercise 2:00 Bingo	<i>15</i> 10:30 Manicules 11:30 Flexercise 1:15 Card Bingo 2:00 Sharing Time	<i>16</i> 9:30 Toes 11:30 Flexercise 1:15 This Ship Has Sailed	<i>17</i> <b>10:00 Resident Meeting (IL) at SFH</b> 10:30 Manicules 11:30 Flexercise 1:15 Toss Up 4:00 Mass	<i>18</i> 11:15 Yoga Chuck 1:00 Communion 1:00 Snack Making 2:00 Happy Hour	<i>19</i> 11:00 Cards 1:00 Rosary 1:30 Cards 3:00 Rummikub
<i>20</i> 10:00 TV Mass 11:15 Communion 3:00 Rummikub	<i>21</i> <i>Martin Luther King Jr. Day</i> 10:30 Sequence 11:30 Flexercise 1:15 Black Jack 2:00 Bingo	<i>22</i> 11:30 Flexercise 1:15 Card Bingo 2:00 Movie and Popcorn	<i>23</i> 11:00 Manicules 11:30 Flexercise 1:15 Phase 10 2:00 Room Visits	<i>24</i> 10:30 Manicules 11:30 Flexercise 1:15 RCL Dice Game 2:00 Chair Yoga 4:00 Mass	<i>25</i> 11:00 Communion 11:15 Trivia 11:30 Flexercise 1:00 Snack Making 2:00 Happy Hour	<i>26</i> 11:00 Cards 1:00 Rosary 1:30 Cards 3:00 Rummikub
<i>27</i> 10:00 TV Mass 11:15 Communion 3:00 Rummikub	<i>28</i> 10:30 Tri-Ominos 11:30 Flexercise 1:15 Aces Are Wild 2:00 Bingo <b>3:30 VA Program at SFH (ALL)</b> <b>6:30 Gospel Heirs</b>	<i>29</i> 10:30 Manicules 11:30 Flexercise 1:15 Card Bingo 2:00 Sharing Time	<i>30</i> <b>10:15 Shopping Trip to the Dollar Tree</b> <b>1:15 Resident Meeting (AL)</b> 2:00 Flexercise	<i>31</i> 10:30 Manicules 11:30 Flexercise 1:15 Climb the Mountain 2:00 Chair Yoga 4:00 Mass	<i>(AL) Assisted Living (IL) Villas (ALL) Everyone Activities are at the assisted living unless otherwise noted.</i>	<i>Villa residents are welcome and encouraged to come to activities at assisted living.</i>