







Friedman Assisted Living January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<i>1 New Year's Day</i> Puzzle Packet 1:15 Rosary
2 10:00 TV Mass Coloring Pages	3 11:00 Mass 1:30 RCL Dice 2:00 Bingo 3:00 Flexercise 3:30 Aces Are Wild 4:00 Chair Yoga	4 1:30 Blackjack 2:00 Word Game 3:00 Flexercise 3:30 Ladder Toss 4:30 Decorate the Bulletin Board	5 1:30 Old Maid 2:00 Family Feud 3:00 Flexercise 3:30 Euchre/Chickenfoot 4:30 Balloon Batting	6 1:30 Yahtzee 2:00 Card Bingo 3:00 Flexercise 3:30 Sequence 4:00 Chair Yoga	7 1:30 Nail Care 1:30 Adoration & Rosary Channel 1851 2:15 Flexercise 2:45 Supportive Visits 3:00 Happy Hour/Trivia 4:00 Sequence	8 Puzzle Packet 1:15 Rosary
9 10:00 TV Mass Coloring Pages	10 11:00 Mass 1:30 Toss Up 2:00 Bingo 3:00 Flexercise 3:30 UNO 4:00 Chair Yoga	11 1:30 Library Program 2:30 Racing Game 3:00 Flexercise 3:30 Table Hockey 4:00 Go Fish	12 1:30 Chase the Ace 2:00 Sharing Time 3:00 Flexercise 3:30 Euchre/Kings In the Corner 4:30 Big Soccer Ball	13 1:30 Chase The Ace 2:00 Card Bingo 3:00 Flexercise 3:30 Chickenfoot 4:00 Chair Yoga	14 1:30 Nail Care 1:30 Adoration & Rosary Channel 1851 2:15 Flexercise 2:45 Supportive Visits 3:00 Happy Hour/Trivia 4:00 Headbands	15 Puzzle Packet 1:15 Rosary
16 10:00 TV Mass Coloring Pages	17 <i>MLK Jr Day</i> 11:00 Mass 1:30 Double Dice 2:00 Bingo 3:00 Flexercise 3:30 Crazy Eights 4:00 Chair Yoga	18 1:30 Pet Therapy 2:00 Word Game 3:00 Flexercise 3:30 Bowling	19 1:30 This Ship Has Sailed 2:00 Craft 3:00 Flexercise 3:30 Euchre/Kings in the Corner 4:30 Ladder Toss	20 1:30 Sevens 2:00 Card Bingo 3:00 Flexercise 3:30 Aces Are Wild 4:00 Chair Yoga	21 1:30 Nail Care 1:30 Adoration & Rosary Channel 1851 2:15 Flexercise 2:45 Supportive Visits 3:00 Happy Hour/Trivia 4:00 Reminiscing	22 Puzzle Packet 1:15 Rosary
23 10:00 TV Mass Coloring Pages	24 11:00 Mass 1:30 RCL Dice 2:00 Bingo 3:00 Flexercise 3:30 Aces Are Wild 4:00 Chair Yoga	25 1:30 Resident Shopping 3:30 Flexercise 3:45 Card Game	26 1:30 Resident Meeting 2:30 Blackjack 3:00 Flexercise 3:30 Euchre/Kings in the Corner 4:30 Big Soccer Ball	27 1:30 Chickenfoot 2:00 Card Bingo 3:00 Flexercise 3:30 UNO 4:00 Chair Yoga	28 1:30 Nail Care 1:30 Adoration & Rosary Channel 1851 2:15 Flexercise 2:45 Supportive Visits 3:00 Happy Hour/Trivia 4:00 Name 5	29 Puzzle Packet 1:15 Rosary
30 10:00 TV Mass Coloring Pages	31 11:00 Mass 1:30 Climb the Mountain 2:00 Bingo 3:00 Flexercise 3:30 Kings in the Corner 4:00 Chair Yoga	MARTIN LUTHER KING JR. <i>Day</i> 	I HAVE A DREAM 