

St. Francis Senior Ministries

HEALTHPRO  HERITAGE

# Rehabilitation Services



## Physical Therapy Occupational Therapy Speech Therapy

*To arrange a tour, please contact:*

**Rachel Wilhelm**

Admissions Coordinator at  
(419) 447-2723

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*For therapy questions, please contact:*

**Lisa Lynch, OTA**

Rehab Director at  
(419) 447-2723

[Lisa.Lynch@stfrancishome.org](mailto:Lisa.Lynch@stfrancishome.org)

At St. Francis Senior Ministries, we base therapy treatment on the individual's needs and potential, not strictly diagnosis. Our dedicated, skilled therapists help restore confidence, dignity, and self worth by using advanced therapy techniques. Services include:

- E-Stim & Omni-Step
- Therapy available 7 days a week
- Evaluations completed within 24 hours of admission/referral
- Continuum of care: skilled nursing rehab to home health; outpatient services to best meet your needs

**Physical Therapy** helps restore and maintain maximum movement and functional ability. Physical therapy treatments can help with:

- Mobility & balance
- Strength & endurance
- Range of motion and fall prevention

**Occupational Therapy** is focused on improving and maintaining quality of life. Occupational therapists can provide training and guidance on:

- Adapting to life changes
- Performing tasks or movements
- One-handed dressing techniques, grooming, bathing & home management
- Orthotic/prosthetic education and training
- Wheelchair positioning
- Energy conservation & work modification techniques

### **Speech Therapy**

Speech therapists strive to restore and maintain all aspects of communication including:

- Listening, reading & writing
- Speaking & understanding
- Chewing, swallowing & reducing risk of aspiration